

Get Started with Autologous Biologics in Chiropractic Practice

A step-by-step roadmap checklist for chiropractors exploring PRP and Protein Concentrate within conservative musculoskeletal care.

Step 1: Establish Clinical Intent

- Define where autologous biologics fit within your conservative care continuum
- Position biologics as an option between traditional care and surgery
- Avoid one-off or reactive use of PRP

Step 2: Lead with Education First

- Standardize how biologics are explained to patients
- Educate patients before making recommendations
- Align front-desk and clinical staff on messaging

Step 3: Prepare the Patient Before the Visit

- Provide pre-visit education or orientation materials
- Address common patient questions in advance
- Set expectations around evaluation and next steps

Step 4: Evaluate the Whole System

- Assess severity and stage of the condition
- Identify biomechanical and structural contributors
- Determine whether biologics are appropriate within the care plan

Step 5: Ensure Reproducible, Provider-Directed Processes

- Use standardized preparation and processing steps
- Maintain clinical control over workflows
- Integrate biologics into existing clinic flow

Step 6: Integrate Stepwise

- Start with focused PRP workflows
- Add additional options as confidence grows
- Scale responsibly based on clarity and demand

Step 7: Communicate Transparently

- Use education-first, non-promissory language
- Maintain transparency around cash-based care
- Frame decisions as collaborative, not transactional

Key Takeaway: Autologous biologics integrate best when guided by education, structure, and consistency, not urgency.

APEX Biologix provides autologous biologic processing systems and educational resources. This checklist is for educational purposes only and does not constitute medical advice.